



NUSENDA CREDIT UNION STATE SWIMMING AND DIVING CHAMPIONSHIPS

Albuquerque Academy Natatorium

February 21st & 22nd, 2025



Championship Information

The NMAA State Swimming and Diving Championship Meet follows the NFHS swimming and diving rulebook and NMAA swimming and diving bylaws.

1. CLERK OF COURSE

- The Clerk of Course will be located on the **east** side of the pool, just inside the “garage door area”. Time cards will be at the lanes. Swimmers will be asked to stay away from the officials’ area until their heat is called.

2. WARM-UP / COOL-DOWN

- Please refer to the included Warm-Up / General Schedule information sheet.

3. PRELIMS

- The preliminaries will be conducted in eight (8) lanes with Automatic Timing and Judging as defined in NFHS Rules (Rule 6, Section 3). NFHS rules will be used to resolve a tie. Results of the preliminaries will be announced and posted as soon as possible.

4. FINALS

- The final heats will be conducted in eight (8) lanes with Automatic Timing and Judging as defined in NFHS Rules (Rule 6, Section 3). NFHS rules will be used to resolve a tie. In the finals, each swimmer will be introduced on the block and then allowed time to remove his/her sweats. There will be no jumping in before the event. Participants are not to enter the water until directed to do so by the starter or referee.

5. DIVING PRACTICE / CONSOLATION FINALS

- Please refer to the included Warm-Up / General Schedule information sheet.
- **3 METER STAND** - The 3 meter diving platform is CLOSED and will not be available.

6. DRESSING ROOMS / DRESS CODE

- Dressing rooms are available for participants but there are no locker facilities.
- Shaving is not allowed anywhere at the swimming venue (this includes the deck, hallways, restrooms, middle school gym, etc.) prior to, during, or after the swim meet. This includes razors and hair removal products.
- Each team must provide supervision for their valuables. It is recommended that contestants not bring jewelry or other valuables.
- No smart watches, fit bits, timing devices or recording devices may not be worn.
- No changing of clothes on the deck.
- Swimsuits must appropriately cover the body.

7. OPENING CEREMONIES / PARADE OF CAPTAINS

- All captains / co-captains are to report at 11:00 am Saturday, inside the middle school gymnasium. The captains / co-captains of last year’s state championship teams will carry the American Flag and State Flag. The National Anthem will be performed after the Parade of Captains. The maximum number of captains / co-captains allowed to be designated for each boys/girls team is three (3). **Participants in the Parade of Captains must wear a shirt, jacket, and/or top that represents his/her team/school. No costumes or props allowed.**

8. PARTICIPANT / COACH / OFFICIAL'S ENTRANCE

The East entrance will be the only entrance for participating athletes, coaches, and officials.

- All qualified competitors and coaches will be allowed admittance by virtue of their participant/coach pass. **If they do not have their pass they will not be allowed entrance into the pool.**
- A master list of all participating athletes, coaches, and officials (including volunteers) will be made available to event personnel at the East entrance. Please identify yourself and present your pass at this entrance. For re-admission each day, you will be given a hand stamp. Both the pass and hand stamp must be presented for re-admission. The list of participants is taken from the completed entry list on MaxPreps.
- No one will be admitted unless they have a pass or are on the master list. Any participant(s) and/or coaches found violating the admittance regulations will be subject to possible disqualification and/or expulsion from the championships. **The sharing of passes is prohibited.**
- The East door to the Academy facility will open at 8:15 am on Friday and 7:00 am on Saturday.

9. SPECTATOR ADMISSION FEE

- **General Admission per day**
- Adults \$12.00 Students/Seniors/Military \$7.00

10. MEET ENTRIES / RELAY DECLARATION

At the State Meet, any member of a team's **STATE** roster on MaxPreps (i.e. entrants declared at 4:00 pm on Sunday, February 16th, 2025 on MaxPreps), may swim in the prelims, swim-offs and/or finals provided he/she does not exceed the permitted entries for the meet. Swimmers may participate in two (2) relays and two (2) individual events, but no more than four (4) total events for which qualifying times have been achieved. At the discretion of coaches, an athlete may also be placed in (3) relays and (1) individual event, as long as the (4) total event limit is not exceeded. Please refer to the NMAA Bylaws for the non-qualifying individuals.

Declaration times for each relay are as follows:

200 Medley Relay -	Coaches must declare the four swimmers, including the relay lead-off swimmer, to the Clerk of Course by 2:00 PM on Friday and 10:30 AM on Saturday.
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200 Yard Freestyle Relay -	Coaches must declare the four swimmers, including the relay lead-off swimmer, to the Clerk of Course by the start of the Girls 100 Butterfly on Friday and Saturday.
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400 Yard Freestyle Relay -	Coaches must declare the four swimmers, including the relay lead-off swimmer, to the Clerk of Course by the start of the Girls 200 Free Relay on Friday and Saturday.
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NOTE: Relay team members must be declared **on time**, or the team will be disqualified. Lead-off swimmer cannot be changed once called to the starting platform by the Referee. Coaches must submit changes to relay swim order to the Administrative Referee not later than the conclusion of the race.

11. AMBULANCE

In case of an accident at the NMAA State Swimming & Diving Championships, the coach is responsible for making judgment on whether or not to call an ambulance. The high school/school district will be responsible for paying all fees related to any incident.

12. FOOD / COOLERS / CHAIRS / HOSPITALITY

- A concession area will be located in the hallway on the second level outside the pool.
- Glass containers are prohibited!
- Please assist us with keeping your team's area "trash free." **Use the trash cans.**
- **Team and Individual Coolers will not be allowed in the Natatorium.** These may only be utilized in the Middle School Gym which is located downstairs west of the Natatorium.
- **Teams are not allowed to have food, sport drinks, or sodas in the Natatorium. WATER ONLY in the Natatorium. Violators are subject to removal from the event and face possible disqualification.**
- **Personal chairs will not be allowed in the Natatorium.**
- **Seat saving will not be allowed in the spectator area. Unattended personal belongings may be moved.**

13. TRAINER

A trainer will be available during the championships.

14. PARKING

- **Parking will be extremely limited.** It is recommended that if at all possible, people car pool to the event.
- **HANDICAPPED PARKING:** Handicapped Parking will be available on the south side of the Natatorium. Please remind participants/spectators not to park in handicapped parking areas unless authorized to do so.
- **MEET OFFICIALS:** Parking for meet officials will be on the south side of the Natatorium.
- **BUS PARKING:** Drop teams off in the circle drive west of the Natatorium. Team members will then proceed to the East door. Busses will continue out of the circle drive and turn right at the stop sign (north). Continue the service road to Lot P3 and park there. (This is the dirt parking lot just north of the baseball fields).

15. AWARDS

- Awards for girls and boys will be presented in groupings of two events. For example, the girls and boys awards for the 200 Medley Relay AND the 200 Freestyle will take place immediately following the swimming of the boys 200 Freestyle final. **Awards will be presented by the coach of the winning competitor.** Please instruct your athletes to be in the garage area and ready for the awards presentation.
- **Event Award winners will be paraded on deck, just as event finalists are. Please instruct athletes to report to the designated area wearing the proper attire (listed below) for each medal ceremony.**
- **Individual and relay teams who will be receiving an award must wear a shirt, jacket, and/or top that represents his/her team/school during the entire medal ceremony.**
- Team awards will be presented immediately after the awards for the 400 Free Relay. Coach and team captain(s) please be ready to accept awards.
- There will be NO pushing or throwing people into the water at any time. The NMAA and Albuquerque Academy expect to run a safe meet, all the way up until the time everyone has left the building.

16. BANNERS, BALLOONS AND OTHER PROPS

- **One sign or banner per school may be displayed provided:**
 - It displays the school name, mascot name, or a combination of the two;
 - It does not obstruct the view of participants or spectators;
 - It is not a safety hazard; and
 - It does not represent a conflict with any NMAA sponsor.
- Balloons will not be allowed in the facility during the event.
- All other posters/banners are prohibited. You will be asked to remove posters/banners that are in violation of the above standards or which obscure any NMAA corporate sponsor banners.

17. VIDEO TAPING POLICY

Videotaping is prohibited on deck throughout the course of the event. Videotaping is allowed upstairs in the stands as long as other spectator's views are not hindered.

18. CAMERAS

Cameras will be permitted. **HOWEVER, NO FLASH PHOTOGRAPHY WILL BE ALLOWED DURING THE SWIMMING & DIVING CHAMPIONSHIPS TO ALLOW ABSOLUTE FAIRNESS TO ALL PARTICIPANTS. NO VIDEO OR PHOTOGRAPHY IS ALLOWED BEHIND THE STARTING BLOCKS.**

19. ALLOWED ON DECK

In order to run an efficient and dignified championship, only coaches and participants in the event in progress are authorized to be on deck. Those teams who are assigned seats on deck are restricted to their assigned places. Coaches must wear their coaches pass at all times. **Please note that cheerleaders, administrators and other school personnel are not allowed on deck at any time.**

NOTE: Teams must sit in their assigned areas.

20. LICENSING / MERCHANDISING

Northwest Designs Ink is the official NMAA event souvenir merchandiser. They will be located near the glass windows overlooking the middle school gymnasium, directly west of the concession stand.

2025 NMAA STATE SWIMMING AND DIVING CHAMPIONSHIPS GENERAL SCHEDULE



FRIDAY, February 21, 2025

Albuquerque Academy Natatorium

8:15 am	Doors open
8:30 am	Diving Coaches Meeting (on deck)
7:45 am - 9:45 am	Boys Diving Warm-up
9:45 am - 10:45 am	Boys Diving Prelims/Semis
10:45 am - 11:45 am (estimated)	Girls Diving Warm-up (will begin promptly after boys event)
11:45 am (estimated)	Girls Diving Prelims/Semis (begins one hour after start of warm-ups)
NOTE: Times for Friday's diving events are approximate and are subject to change.	
1:00 pm	Swim Coaches Meeting
1:30 pm - 2:50 pm	25-yard pool - continuous circle swimming only
1:30 pm - 2:10 pm	Competition pool - All lanes: continuous swimming only
2:10 pm - 2:50 pm	Competition pool: Lanes 0 and 9 - push/pace lanes Lanes 1 and 8 - continuous circle swimming only Lanes 2, 3, 4, 5, 6, 7 - one-way diving lanes - no return
2:50 pm	Both pools promptly cleared by all swimmers
3:00 pm	25-yard pool - continuous circle swimming only
3:00 pm	Swimming Competition

SATURDAY, February 22, 2025

Albuquerque Academy Natatorium

7:00 am	Doors open
7:30 am - 9:20 am	Diving Warm-Up / Girls and Boys (places 9-16) Finals
9:30 am - 11:00 am	25-yard pool - continuous circle swimming only
9:30 am - 10:20 am	Competition pool - All lanes: continuous swimming only
10:20 am - 11:00 am	Competition pool: Lanes 0 and 9 - push/pace lanes Lanes 1 and 8 - continuous circle swimming only Lanes 2, 3, 4, 5, 6, 7 - one-way diving lanes - no return
11:00 am	Both pools promptly cleared by all swimmers
11:10 am	Recognition Ceremonies
11:30 am	State Swimming and Diving Competition
11:30 am	25-yard pool - continuous circle swimming only. The lane closest to the competition pool is reserved for swimmers from the last finals event.
Team Awards Presentation at conclusion	



2025 NMAA State Swimming and Diving Championships Event Finals Schedule Saturday, February 22, 2025



Final	Girls and Boys Diving (places 9-16)		
Consolation Final	Girls 200 Medley Relay Girls 200 Medley Relay	**Medal	Girls 100 Butterfly
Consolation Final	Boys 200 Medley Relay Boys 200 Medley Relay	**Medal	Boys 100 Butterfly
Consolation Final	Girls 200 Freestyle Girls 200 Freestyle	**Medal	Girls 100 Freestyle
Consolation Final	Boys 200 Freestyle Boys 200 Freestyle	**Medal	Boys 100 Freestyle
**Medal **Medal	Girls 200 Medley Relay Boys 200 Medley Relay	Consolation Final	Girls 500 Freestyle Girls 500 Freestyle
**Medal **Medal	Girls 200 Freestyle Boys 200 Freestyle	Consolation Final	Boys 500 Freestyle Boys 500 Freestyle
Consolation Final	Girls 200 Ind. Medley Girls 200 Ind. Medley	Consolation Final	Girls 200 Free Relay Girls 200 Free Relay
Consolation Final	Boys 200 Ind. Medley Boys 200 Ind. Medley	Consolation Final	Boys 200 Free Relay Boys 200 Free Relay
Consolation Final	Girls 50 Freestyle Girls 50 Freestyle	**Medal **Medal	Girls 500 Freestyle Boys 500 Freestyle
Consolation Final	Boys 50 Freestyle Boys 50 Freestyle	**Medal **Medal	Girls 200 Free Relay Boys 200 Free Relay
**Medal **Medal	Girls 200 Ind. Medley Boys 200 Ind. Medley	Consolation Final	Girls 100 Backstroke Girls 100 Backstroke
**Medal **Medal	Girls 50 Freestyle Boys 50 Freestyle	Consolation Final	Boys 100 Backstroke Boys 100 Backstroke
Final	Girls and Boys (places 1-8) Diving	Consolation Final	Girls 100 Breaststroke Girls 100 Breaststroke
**Medal **Medal	Girls Diving Boys Diving	Consolation Final	Boys 100 Breaststroke Boys 100 Breaststroke
Consolation Final	Girls 100 Butterfly Girls 100 Butterfly	**Medal **Medal	Girls 100 Backstroke Boys 100 Backstroke
Consolation Final	Boys 100 Butterfly Boys 100 Butterfly	**Medal **Medal	Girls 100 Breaststroke Boys 100 Breaststroke
Consolation Final	Girls 100 Freestyle Girls 100 Freestyle	Consolation Final	Girls 400 Free Relay Girls 400 Free Relay
Consolation Final	Boys 100 Freestyle Boys 100 Freestyle	Consolation Final	Boys 400 Free Relay Boys 400 Free Relay
Consolation Final	Boys 100 Freestyle Boys 100 Freestyle	**Medal **Medal	Girls 400 Free Relay Boys 400 Free Relay

